

Ways to Play

- Print out the footprints on either card or laminate the paper if you are able to for longer use. You can cut the footprints out individually or keep them on the a4 paper.
- Place the footprints in different positions, the child has to jump and match their feet on the footprints
- This can be made harder by turning them to face different directions and placing in more difficult places around the house, or even adding obstacles to it like things they have to go over or under as well













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- Adult supervision is advised for every activity and they should therefore decide which activities are appropriate for the child to perform

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