Ways to Play

- Print and cut out cards, laminate for longer use
- Either hole punch the corner and have them like a keychain with something like ribbons, or use them free and select randomly
- Some one picks/reads a card and the child(ren)
 have to demonstrate this card if it applies to
 them
- There is also blank cards for you to add your own instructions

Run on the spot it
you have long
hair

Jump up and down it you have brown eyes

Balance on your

1ext leg ix you have

blonde hair

Jump side to side it you have blue eyes

Spin it you have green eyes

Walk backwards

if you are wearing

blue

Gallop around the room it you are wearing leggings

Tip toe it you have your hair down

Skip it you attend Monkeys in Motion March it you are

Twist it you have short hair

Balance on your right leg it you are (age)

Hop scotch it you have brown hair

Roll on the Floor it you have red hair

Shake your whole body it you have your hair tied up

Bounce it you are wearing yellow

Stretch it you are wearing red

Write your name using your 400+ ix you are wearing shoes





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